

CUNY Graduate School of Public Health and Health Policy (GSPHHP) Nutrition and Dietetic Internship

The CUNY GSPHHP Nutrition and Dietetic Internship was surveyed in February 2017, has been granted Candidacy Accreditation Status by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) until 2021.

About Our Program:

Mission – prepare entry-level Registered Dietitian Nutritionists, in a collaborative and accessible environment, to provide nutrition care and services for the diverse populations of New York City, nationally, and around the world

Goals – prepare graduates for employment as entry-level Registered Dietitian Nutritionists and prepare graduates who are competent in population-based nutrition and dietetics practice

Values – food justice, sustainability, use of communications technology to promote nutrition, a global perspective on food, and culturally competent approaches to nutrition education

Meet our Director: Ann Gaba EdD RD CDN CDE FAND



- 20+ years of nutrition experience
- BS degree at Cornell in Human Ecology
- MS in Health Education at Sage College
- Doctoral Degree in Nutrition Education at Teachers College (Columbia)
- Clinical dietitian at Columbia Presbyterian
 - General ward
 - Cardiology and cardiac transplant
 - Oncology
- Publications in the *American Journal of Clinical Nutrition*
- Recipient of the AND Gemple Award
- Written 3 chapters in AND Nutrition Care Manual on neurological disorders

Admission Requirements:

- Verification of completion of AND Didactic Program in Dietetics.
- Completion of a DICAS application and the D&D Digital matching systems.
- Supplemental application for the On-Line track is available online.
- Admission to the MPH program at the CUNY Graduate School of Public Health & Health Policy is encouraged, although it is not required.
- There are 10 on-site interns and 20 distance interns.

Factors that affect admission:

- Quality of personal statement
- GPA – general and DPD courses
- Recommendations
- Employment / Volunteer Experience
- Honors, awards, activities

Note about GPAs: Applicants with a **GPA of less than 3.0 are unlikely to rank high enough to be admitted to this program.**

Program Plan & Rotations:

Clinical / MNT – 12 weeks (450 clock hours) – local facilities

Food Service – 5 weeks (200 clock hours) – Institutional feeding programs (schools, Headstart, etc.) or Culinary Nutrition with restaurants.

Food & Nutrition Policy – 2 weeks (80 hours) – CUNY Food Policy Institute

Informatics – 1 week (40 clock hours) – CUNY GSPHHP Informatics faculty

Public Health Research – 4 weeks (160 clock hours) – CUNY GSPHHP faculty

Community / Public Health Elective – 10 weeks (370 clock hours) – various affiliated sites

Total of **~9 months**

Program Cost & Estimated Expenses:

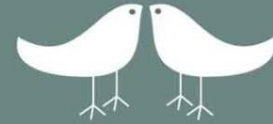
- DICAS \$45 + \$20 for each DI
- D&D Digital \$55
- SOPHAS Application Fee (if applying to the MPH program) = \$125
- Internship Program Application Fee = \$100

- Internship Fee = \$150
- In-state Tuition = \$5,282*
- Out of state Tuition = \$9,542*

* Above costs do not include transportation, medical and liability insurance, books, and other miscellaneous costs

Distance Option:

- Non-credit option
- Applicants are in charge of finding preceptors and rotation sites for all internship rotations.



**BE
POSITIVE,
PATIENT
AND
PERSISTENT**

Distance Internship Pros and Cons:

Pros:

- More spots available (20 vs.10)
- Distance Interns make their own schedule
- Program Cost is less expensive (\$1,950 for distance vs \$5,432 for NYS resident & \$9,692 for out of state tuition)

Cons:

- Can be stressful finding preceptors
- Affiliation agreements can take time to process

Tips for Finding Preceptors (Distance Program):

- Start early.
- For each rotation, use Google & the EatRight Preceptor database to write a list of eligible preceptors and facilities in your area.
- Call or e-mail each site and speak with the Director or Head Manager of the department.
- Have a short speech ready.
- Stay motivated! You will hear quite a few no's.
- Reach out to people you know in school, the community, and the workplace.
- Network, go to nutrition events, open houses, and speak with presenters.

Some current rotation sites:



BALANCE
eating disorder treatment center™



Montefiore
HEALTH SYSTEM, INC.



FOOD SERVICES GROUP, INC
OPERATIONS, DEVELOPING SYSTEMS,
NUTRITION COUNSELING

Intern Experiences

Policy
Informatics
Clinical
Experiences
Community
Research

Questions?

Thank you for coming!

CUNY SCHOOL OF PUBLIC HEALTH

