# Kathleen Villarino M.S.

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## **OBJECTIVE**

To complete a dietetic internship that will prepare me for a career as a Registered Dietitian to improve my intellectual, professional, and personal skills.

# **EDUCATION**

#### Montclair State University, Montclair, NJ

• Academy of Nutrition and Dietetics Certificate -- GPA: 3.76

#### Montclair State University, Montclair, NJ

• Master of Science in Nutrition Education – GPA: 3.76

#### Long Island University, Brooklyn, NY

• Bachelor of Science in Biology

## **WORK EXPERIENCE**

#### **Clara Maass Medical Center**

#### Concierge

• Develop communication skills in handling diverse types of guests with courtesy and professionalism while upholding security practices and preventing unauthorized entries

#### Dietary Assistant

• Developed critical thinking, communication, and organizational skills by being responsible for the diet office duties related to maintaining menu systems and food services to patients

#### Eastern International College – Adjunct Nutrition Instructor

• Designed and taught Foundations of Nutritional Sciences for first year nursing students

#### **Barnes and Noble, Clifton, NJ** – Bookseller

• Provided superior customer service by establishing rapport with customers and engaging them in conversation about all products and services

#### Rite Aid Pharmacy, Garfield, NJ - Pharmacy Technician

• Acquired strong conflict resolution skills by addressing patients' medication related issues in a compassionate and timely manner

# **VOLUNTEER EXPERIENCE**

#### **Clara Maass Medical Center**

• Utilized writing and research skills by compiling information for nutrition fact sheets

#### **Union County Division on Aging**

• Improved verbal communication skills by providing nutrition education on topics such as hydration and sugar sweetened beverage consumption to seniors in Union County, NJ

# **ORGANIZATIONS**

#### **Academy of Nutrition and Dietetics**

Student Member

#### Filipino-American Association of Northern New Jersey

• Assist in organizing fundraising events for the organization such as raffles, trips, and Zumba classes

# <u>SKILLS</u>

- Fluent and literate in Tagalog (Filipino)
- Proficient in Microsoft Office

## OCTOBER 2016 – OCTOBER 2017

**OCTOBER 2017 – PRESENT** 

## MAY 2017 – AUGUST 2017

#### MARCH 2014 - OCTOBER 2016

#### MAY 2009 - JANUARY 2014 n a compassionate and timely

# DECEMBER 2015 - OCTOBER 2016

#### **JULY 2015 - DECEMBER 2015**

## JANUARY 2017 - PRESENT

## JANUARY 2016 - PRESENT

JANUARY 2015 - MAY 2017

**SEPTEMBER 2014 - MAY 2016** 

SEPTEMBER 2008 - DECEMBER 2012