

Learning Plan (not submitted)

Goal	Competency	Competency Description/Performance Indicator		
1	1.1	Identifies with and adheres to the code of ethics for the profession.		
	Performance Indicators		
		1.1.1 Accepts own responsibility and accountability for actions and decisions related to customers.		
		1.1.2 Recognizes and manages conflicts of interest.		
		1.1.3 Understands the impact of personal values and beliefs on practice.		
		1.1.4 Practices with honesty, integrity, transparency and fairness.		
		1.1.5 Recognizes and maintains appropriate relationships and boundaries.		
		1.1.6 Recognizes and manages situations with ethical implications.		
		1.1.7 Communicates professional title and credentials accurately.		
2	1.4	Adheres to confidentiality and privacy legislation, standards and policies.		
	Performance Indicators		
		1.4.1 Maintains confidentiality and security in the sharing, transmission, storage and management of personal health information.		
		3	2.1	Utilizes appropriate communication methods and skills to meet the needs of various audiences.
			Performance Indicators
				2.1.2 Identifies barriers to effective communication.
				2.1.3 Tailors message to meet the needs of the target audience.
				2.1.4 Uses a variety of media to deliver information.
				2.1.5 Observes nonverbal cues and responds appropriately.
2.1.7 Delivers information and opinions in a respectful and professional manner.				
2.1.8 Delivers accurate and credible messaging.				
2.1.9 Ensures written communications are timely, legible, accurate and professional in nature.				
4	2.2	Collaborates with others to achieve common goals and to optimize delivery of services.		
	Performance Indicators		
		2.2.2 Considers and respects the opinions, creativity, values, beliefs and perspectives of others.		
5	2.3	Employs strategies and facilitates team-building skills.		
	Performance Indicators		
		2.3.2 Incorporates team members knowledge, expertise and personal skills into team processes.		
6	3.1	Demonstrates and applies leadership skills.		
	Performance Indicators		
		3.1.4 Communicates clear performance expectations.		
7	4.1	Takes an active role in sharing information and knowledge.		
		Demonstrates sound professional judgment and strategic thinking in practice.		
	Performance Indicators		
		4.1.1 Demonstrates effective problem solving and professional judgment to address a need.		
		4.1.2 Interprets and integrates evidence-based research and literature in decision making.		
4.1.3 Aligns work with organization policies, strategic plan and mission statement.				
8	4.2	Demonstrates effective, appropriate and timely consultation with experts and others.		
		Reflects, integrates and evaluates using critical thinking when faced with problems, issues and challenges.		
	Performance Indicators		
		4.2.2 Reflects on own values, beliefs and biases.		
9	5.1	Acquires knowledge of technology systems consistent with role and responsibilities.		
	Performance Indicators		
		5.1.1 Demonstrates proficient use of technical operating systems and software to communicate and disseminate information; to collect, track and retrieve data; and to create documents, spreadsheets and presentations.		
		5.1.2 Applies understanding of informatics terminology and input and output devices (e.g. laptop, smartphone, flash drive).		
		5.1.3 Seeks guidance from technology advisors or experts when requirements are beyond competence.		
		5.1.4 Demonstrates knowledge of system interfaces used in the delivery of services.		
10	5.2	Utilizes technology according to organization needs and workplace policies and procedures.		

Goal	Competency	Competency Description/Performance Indicator
	Performance Indicators
		5.2.1 Integrates technology platforms with other internal and external services (e.g., risk management, disease management, data tracking and reporting).
		5.2.5 Instructs or advises others on the use of clinical information systems, nutrition informatics tools and other technology topics.
11	8.1	Interprets and applies current food and nutrition science and principles in dietetics practice.
	Performance Indicators
		8.1.1 Interprets and applies evidence-based comparative standards for determining nutritional needs.
		8.1.2 Applies knowledge of food and nutrition as well as the biological, physical and social sciences in practice.
		8.1.3 Integrates knowledge of macronutrients and micronutrients for absorption, digestion and metabolism throughout the life span in practice.
		8.1.4 Demonstrates knowledge of nutrient requirements throughout the life span and their role in health promotion and disease management.
		8.1.5 Applies medical nutrition therapy in disease prevention and management.
12	8.2	Recognizes and respects the physical, social, cultural, institutional and economic environments of the individual, group, community and population in practice.
	Performance Indicators
		8.2.1 Assesses the physical, social and cultural needs of the individual, group, community or population.
		8.2.2 Applies knowledge of health determinants when planning, developing and implementing services, programs, meal plans and menus.
13	9.4	Teaches, guides and instructs a variety of individuals, groups or populations.
	Performance Indicators
		9.4.1 Assesses current knowledge and skills of the individual, group, community and population.
		9.4.2 Selects and uses appropriate content and teaching methods to meet individual and group needs.
		9.4.3 Takes into consideration special needs and disabilities and provides accommodations.
		9.4.4 Adjusts education plan to meet the needs of the individual, group and population.
		9.4.5 Implements an individualized teaching plan in order to promote, maintain and enhance nutritional health and learning.
		9.4.6 Uses socially and culturally appropriate strategies in order to respect diverse cultures and values.
		9.4.7 Demonstrates competent use of technology to enhance the learning experience and delivery of information.
		9.4.8 Evaluates the impact of the individuals learning and new knowledge and skills.
14	9.6	Uses effective counseling and coaching skills and strategies in practice.
	Performance Indicators
		9.6.1 Determines and applies counseling theories, psychological methods and strategies that empower customers to make changes.
		9.6.2 Obtains permission and informed consent for the provision of counseling as appropriate.
		9.6.4 Assesses customers readiness to change when applying specific counseling strategies.
		9.6.5 In collaboration with the customer, develops counseling or coaching goals.
		9.6.6 Assists with resolution of barriers to achieving counseling and coaching goals.
		9.6.7 Determines if further action is required as follow-up to counseling and coaching.
15	10.1	Performs nutrition screening to evaluate individual health, malnutrition and disease while adhering to the Standards of Practice (SOP) in Nutrition Care for RDNs.
	Performance Indicators
		10.1.1 Identifies and selects valid and reliable screening tool(s) to obtain and verify relevant data in support of nutrition assessment.
		10.1.2 Conducts the nutrition screening to identify patient risks and level of criticality and to direct services.
16	12.1	Advocates for health and disease prevention in the community and population.
	Performance Indicators
		12.1.1 Promotes nutrition programs and resources to address issues of food security, nutritional health and overall health and wellness.
17	12.3	Develops a community and population health program or intervention to meet the needs of the community and/or population.
	Performance Indicators
		12.3.1 Designs programs and/or interventions based on assessment and evidence-based literature.
		12.3.3 Takes into consideration any population and environmental disparities (health, availability, finances, access) when developing programs.
		12.3.5 Takes into consideration public health policies and standards related to food and nutrition.
		12.3.9 Identifies measurable outcomes and indicators for evaluation plan.
18	12.5	Evaluates nutrition programs to measure program effectiveness and outcomes and recommends modifications to support changes and/or sustainability of program.
	Performance Indicators
		12.5.4 Develops recommendations considering evaluation data, needs of the population, trending data, cost-benefit analysis and funding source.

