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2017 ACEND Core Competencies for Registered Dietitian / Nutritionists

Summary Worksheet for Intern Portfolio 2017-2018

Competency	Rotation/ Activity	Date(s)
CRDN 1.1 Select indicators of program quality and/or customer service and measure achievement of objectives.	Attended the Harlem Hospital New Employee Orientation to learn about the hospital and departmental policies and procedures to provide the best service to patients.	5/30/18
CRDN 1.2 Apply evidence-based guidelines, systematic reviews and scientific literature.	1. Conducted Literature Review for BALANCE Eating Disorder preceptor regarding maintaining Vegan/Vegetarian diet throughout their eating disorder recovery. 2. During my rotation at the OB Outpatient Clinic at Harlem Hospital, I read, summarized, and analyzed research studies for my preceptor. She uses these research studies as a reference when answering patient questions.	1. 11/2/17 – 11/5/17 2. 6/6/18
CRDN 1.3 Justify programs, products, services and care using appropriate evidence or data.	At the OB Clinic, we recommend breastfeeding, drinking milk, following a healthy diet, and exercising to all of our patients and show them evidence as to how these are beneficial during their pregnancy using scientific evidence and data.	6/11/18
CRDN 1.4 Evaluate emerging research for application in nutrition and dietetics practice.	Attended a clinical research presentation where research regarding Obesity in Chinese-Americans that was conducted by a Nutrition professor from Montclair State University was presented. I then wrote a report regarding the event.	10/20/17
CRDN 1.5 Conduct projects using appropriate research methods, ethical procedures and data analysis.	Completed the CITI Online Training – Research with Human Subjects.	9/10/17
CRDN 1.6 Incorporate critical-thinking skills in overall practice.	During my public health research rotation, I was tasked by my preceptor to come up with different criteria to rank supermarket access in NYC. This was a large task and I had to familiarize myself with the supermarket database created by my preceptor and to use the data he collected to come up with a way to rank supermarket access in different neighborhoods in the five boroughs of NYC.	9/11/17 – 9/14/17
CRDN 2.1 Practice in compliance with current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the Scope of Nutrition and Dietetics	During my internship orientation, I participated in review and discussion of the Scope of Nutrition and Dietetics Practice, the Code of Ethics for the Profession of Nutrition	9/5/17 9/6/17 9/7/17

Practice and Code of Ethics for the Profession of Nutrition and Dietetics.	and Dietetics, and the importance of compliance with regulatory tenets such as HIPPA.	
CRDN 2.2 Demonstrate professional writing skills in preparing professional communications.	1. Wrote a restaurant review and posted it to my e-portfolio. 2. Throughout my internship, I kept a personal journal of activities and reflections regarding my experiences in each of my rotations.	1. 9/26/17 2. 9/11/17- 6/28/18
CRDN 2.3 Demonstrate active participation, teamwork and contributions in group settings.	Along with my fellow interns, we hosted the CUNY SPH Internship Open House. We collaborated in planning, obtaining food and non-food supplies, created a PowerPoint presentation, facilitated discussion, maintained an attendance sheet, and spoke to attendees regarding our experiences as well as answer any questions.	11/17/17
CRDN 2.4 Function as a member of interprofessional teams.	At the Harlem OB Clinic, the entire staff participates in a staff huddle every morning. This allows everyone to collaborate and share ideas regarding the running of the clinic as well as share their concerns about the day-to-day operations of the clinic. I brought to everyone's attention that one of the bathroom lights is not working.	6/5/18-6/28/18
CRDN 2.5 Assign duties to NDTRs and/or support personnel as appropriate.	At BALANCE Eating Disorder Treatment center, one of the patients wanted a different type of yogurt. I related her concern to the Recovery Coach who is in charge of buying food for the patients.	11/6/17
CRDN 2.6 Refer clients and patients to other professionals and services when needs are beyond individual scope of practice.	During my dialysis rotation, a patient discussed with me his upcoming trip to another state. He wanted to know how he can find another dialysis center to conduct his treatment during his trip. I coordinated with the Social Worker at the dialysis clinic to ensure that the patient's concerns were addressed.	5/8/18
CRDN 2.7 Apply leadership skills to achieve desired outcomes.	During my Policy rotation, we had a forum at the CUNY Urban Food Policy Institute and I volunteered to help set-up for the event by distributing flyers, greeting participants, and reconciling the sign-in sheet with the RSVP list. I wanted to make sure that the event went off without a hitch.	10/17/17
CRDN 2.8 Demonstrate negotiation skills.	During my Food Policy rotation, I had to go to different NYC neighborhoods to conduct a NEMS Survey of supermarkets and corner stores. However, not all establishments allowed me to do this, I had to speak to the	10/2/17 – 10/6/17

	store owners to explain what I was doing to convince them to allow me to conduct the NEMS survey. Some shop owners did not want me to stay for long, so I negotiated the amount of time I could spend in the store.	
CRDN 2.9 Participate in professional and community organizations.	Attended CUNY Food Collaboratory meeting about Immigration & Food in NYC This workgroup will explore the evolving concerns around food for immigrant communities in NYC in the age of Trump, and how CUNY faculty and students can partner to explore issues related to acculturation, access to and enrollment in food assistance programs, and reducing food insecurity and diet-related disease.	10/18/17
CRDN 2.10 Demonstrate professional attributes in all areas of practice.	1. At the CUNY Urban Food Policy Institute, I attended a forum called "Litigation as a Strategy for Defending and Advancing Food Policy" where I interacted with professors, lawyers, and community leaders. 2. At Springfield Dialysis center, besides interacting with the patients, I also interacted with doctors, physician assistants, nurses, other dietitians, technicians, and social workers. It was important to be professional regardless of who I interacted with.	1. 9/15/17 2. 5/7/18
CRDN 2.11 Show cultural competence/ sensitivity in interactions with clients, colleagues and staff.	1. Conducted a nutrition group at BALANCE Eating Disorder Treatment Center with the clients and dietitian regarding Body Image. 2. During my rotation with AeroFarms, I conducted a demo at the Happy Healthy Holiday Event at a Senior Center in Jersey City. I spoke to the seniors about Dream Greens, the importance of eating leafy greens and distributed samples.	1. 11/9/17 2. 12/19/17
CRDN 2.12 Perform self-assessment and develop goals for improvement throughout the program.	1. During the internship orientation I conducted a self-assessment of learning needs and professional goals. I developed at least two goals for self-improvement during the course of the DI. These goals will be in addition to the general goals of completing all program requirements for the NDI and to attain a passing score on the RDN Registration Examination. 2. Throughout my internship, I kept a journal for each of my rotation where I documented my activities and thoughts. I assessed myself during all my rotations and noted my assessments in my weekly journal entries.	1. 9/7/17 2. 9/11/17 – 6/28/18

CRDN 2.13 Prepare a plan for professional development according to Commission on Dietetic Registration guidelines.	Developed a Professional Development Plan using the CDR “Dream Wizard” to come up with a plan for professional development according to the Commission on Dietetic Registration guidelines.	5/16/18
CRDN 2.14 Demonstrate advocacy on local, state or national legislative and regulatory issues or policies impacting the nutrition and dietetics profession.	Wrote a Policy Blog entry for the CUNY Urban Food Policy Institute regarding Food System issues in the United States and China.	11/1/2017
CRDN 2.15 Practice and/or role play mentoring and precepting others.	Answered questions from potential CUNY SPH DI Interns during the Internship Open House. Provided clarification regarding the application process as well the rotations.	11/17/17
CRDN 3.1 Perform the Nutrition Care Process and use standardized nutrition language for individuals, groups and populations of differing ages and health status, in a variety of settings.	Conducted nutrition assessment and counseling for OB Outpatient Clinic patients at Harlem Hospital. Charted my assessment notes following the ADIME process including PES statements.	6/4/18-6/28/18
CRDN 3.2 Conduct nutrition focused physical exams.	Completed before clinical rotation. Assignment was conducted outside of clinical rotation.	4/8/2018
CRDN 3.3 Demonstrate effective communications skills for clinical and customer services in a variety of formats and settings.	Completed WICWORKS Online Training for WIC Nutritionists. This online training program covered a range of topics from Interpersonal Communication and Communicating with Participants to Value Enhanced Nutrition Assessment.	9/6/17 – 9/10/17
CRDN 3.4 Design, implement and evaluate presentations to a target audience.	1. Researched, compiled, and designed a presentation to clients at BALANCE Eating Disorder Treatment Center regarding Body Image. 2. Community Education Project – researched, compiled, and designed a presentation regarding the nutritional benefits of green leafy vegetables presented to all AeroFarms staff.	1. 11/9/17 2. 1/16/18 and 1/18/18
CRDN 3.5 Develop nutrition education materials that are culturally and age appropriate and designed for the educational level of the audience.	1. Developed a handout for AeroFarms/Dream Greens regarding Leafy Greens and Heart Health. 2. Developed an infographic for SPE Certified regarding the health benefits of watercress. 3. Developed a handout for Harlem OB Clinic regarding traveling during pregnancy.	1. 12/6/17 2. 3/19/18 3. 6/21/18
CRDN 3.6 Use effective education and counseling skills to facilitate behavior change.	1. Conducted food sample demonstrations at Whole Foods Newark and ShopRite Brookdale to educate shoppers about the health benefits of leafy green vegetables.	1. 12/4/17 & 12/15/17

	2. Assessed and counseled new and follow-up patients at Harlem Hospital OB Clinic regarding nutrition during pregnancy.	2. 6/4/18 – 6/28/18
CRDN 3.7 Develop and deliver products, programs or services that promote consumer health, wellness and lifestyle management.	Community Education Project – my presentation regarding benefits of leafy greens promoted the benefits of leafy greens for health and well-being.	1/16/18 & 1/18/18
CRDN 3.8 Deliver respectful, science-based answers to client questions concerning emerging trends.	1. During product demonstrations, I answered questions about vertical farming and the benefits of leafy greens. 2. At the Harlem OB Clinic, I answered patient questions regarding health benefits of breastfeeding for mother and baby during counseling sessions.	1. 12/4/17 2. 6/11/18 – 6/28/18
CRDN 3.9 Coordinate procurement, production, distribution and service of goods and services, demonstrating and promoting responsible use of resources.	1. Coordinated with the Marketing Manager of AeroFarms regarding the procurement of ingredients for my Community Education presentation. 2. Coordinated with the Lead Dietitian of Atlantic Dialysis Center to procure ingredients and materials needed for Lobby Day.	1. 1/15/18 2. 5/24/18
CRDN 3.10 Develop and evaluate recipes, formulas and menus for acceptability and affordability that accommodate the cultural diversity and health needs of various populations, groups and individuals.	1. I conducted a Restaurant Review as part of my NDI program assignments. I tried dishes, critiqued them, and wrote a report detailing if the food was worth the price I paid for it. 2. I tested a watercress soup recipe and tried to increase the carbohydrate content.	1. 9/26/17 2. 2/23/18, 2/28/18, 3/5/18
CRDN 4.1 Participate in management of human resources.	During my rotation at BALANCE Eating Disorder Treatment Center, I participated in weekly meetings where the entire staff addressed any issues or concerns regarding the work environment or any other issue they may have.	10/31/17
CRDN 4.2 Perform management functions related to safety, security and sanitation that affect employees, customers, patients, facilities and food.	Exercised safe food handling practices while helping Rouge Tomato Staff pack up truffles in boxes, set up tables, and handle utensils for the Valentine’s Day dinner.	2/14/18
CRDN 4.3 Conduct clinical and customer service quality management activities.	Attended Ambulatory Care Town Hall meeting at Harlem Hospital. All staff from ambulatory care has a chance to raise questions and concerns. It was interesting to observe the concerns that the workers had when it comes to how management is set up. It was also interesting to listen to the questions they had regarding patient care.	6/15/18

CRDN 4.4 Apply current nutrition informatics to develop, store, retrieve and disseminate information and data.	Designed a Food-Log App using a human centered approach as discussed during the Informatics rotation.	10/13/17
CRDN 4.5 Analyze quality, financial and productivity data for use in planning.	During the Informatics rotation, we learned all about how data can be interpreted when creating a personalized platform to use to disseminate health information.	10/9/17-10/13/17
CRDN 4.6 Propose and use procedures as appropriate to the practice setting to promote sustainability, reduce waste and protect the environment.	Wrote a Sustainability Evaluation Report during my rotation at the SPE Certified/Rouge Tomato. Rouge Tomato is a 3-star-certified Green Restaurant. My report addressed other actions they can perform to become a 4-star-certified Green Restaurant by further promoting sustainability and reducing waste.	3/15/18
CRDN 4.7 Conduct feasibility studies for products, programs or services with consideration of costs and benefits.	Conducted field work for Research rotation: visited different community districts in NYC to evaluate different criteria for supermarkets and corner stores to examine the quality of the food environments in these community districts.	9/25/18 – 9/29/18
CRDN 4.8 Develop a plan to provide or develop a product, program or service that includes a budget, staffing needs, equipment and supplies.	1. During the planning of the Dietetic Internship Open House I was in charge of figuring out what food to order for the number of attendees while sticking to the assigned budget. 2. During my dialysis rotation, I was in charge of planning a Lobby Day event at the center. I made flyers, handouts, prepped, and cooked 3 different dishes using safe food handling practices.	1. 11/10/17 2. 5/25/18
CRDN 4.9 Explain the process for coding and billing for nutrition and dietetics services to obtain reimbursement from public or private payers, fee-for-service and value-based payment systems.	Completed a Coding and Billing Assignment where I completed the ICD-10 coding training on endocrine, nutritional, and metabolic diseases. A private practice dietitian also discussed the process of assigning proper ICD-10 codes when submitting insurance claims.	11/7/17
CRDN 4.10 Apply risk in nutrition and dietetics practice.	During the internship orientation I participated in review and discussion of Risk Management in healthcare, and how this impacts nutrition and dietetics practice.	9/5/17 9/6/17 9/7/17
Program Specific Competency 1 Assess results of research and evaluation used in nutritional sciences, and evaluate nutrition claims and popular literature for accuracy, reliability and practical implications.	Analyzed preliminary result of NEMS surveys collected to match whether or not the number and quality of supermarkets and corner stores matched the assumption that neighborhoods with lower income will have supermarkets that served lower quality products.	10/25/17 – 10/27/17
Program Specific Competency 2	During Informatics rotation, all the interns designed a Food Log App. Each app designed	10/13/17

Compile and analyze data on nutrition and health, and use social and behavioral theories relevant to Public Health.

by an intern contained different components that they deemed necessary for their app to have. These different components were then analyzed to see which components were most popular in our group.